



Concordia News

June 2020



A newsletter for members, family, and friends of
Concordia Lutheran Church and Concordia Cemetery
Association

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Our nation is a state of flux some would say turmoil: pandemic, racial issues and bitter partisan divides not only in Washington DC but in our own communities, even our own



families. Most Americans are concerned, others are worried and a few are verging on panic. While we do hope for meaningful progress on the big issues of the day and while it is OK for patriotic Christians to be concerned or maybe even worried because of the events of the day, there is never justification for fear, particularly a fear that drives us to retreat into our own self, our own community/family. It may be tempting to raise barriers physical, emotional or spiritual to those forces that would unsettle us. Such is not our calling as disciples of the victorious and risen Lord. In this past Sunday's text we read the great commission where the resurrected Christ adjured his followers to go out into a sometimes apathetic and hostile world. This is a contrast to what the disciples wanted which was to stay behind locked doors.

During this time of pandemic, perhaps the best thing we can do is to stay inside, but it is good to remember Martin Luther who on the one hand encouraged his congregation to do the same, because of the plague that would kill a third of the inhabitants of Wittenburg where his parish was, but also made his own home open for victims of the plague to be cared for. Lest this seem like a contradiction, it is not for in both cases the motivation was not to protect oneself but to care for the neighbor. It is possible that cloth masks (unlike K95 or the Chinese equivalent, the KN95) may primarily benefit the neighbor not the user. Perhaps the cloth mask is a good metaphor for what Luther was telling his congregants. Today with great health care there is little reason to turn our homes into sanitoriums, but the principle remains. This is comparable to the President Kennedy stated: "Ask not what your country can do for you but what you can do for your country." During times of danger and stress it is easy to turn our eyes inwards. This is normal, it is what we all are prone to doing when we are controlled by fear.

This is where we need to keep looking at the end of the passage where Jesus concludes with the words telling his disciples (us) for lo I will be with you to the end of the age." Because Jesus' has promised his presence with us through even death itself and beyond, we are people that fear, yes, but it does not define our lives or control our lives. Most people know that Harold Horpedahl sky dived on, what I think was his 75th birthday. I am sure he was afraid but he had courage, not because of his own abilities but because he believed the chute would open and that he was in good hands (literally) with the instructor who accompanied him. Not a bad metaphor for what Luther and Jesus were saying. So yes, for now, it is good to physically isolate but we do so with courage and we do it for ourselves, yes, but primarily for our neighbor.

May the peace of God which passes all understand keep you in his grace,

Pastor Bruce

COVID-19

Governor Walz has given the go-ahead for resumption of worship services at 25 percent capacity. Because of the age of most of our members, it was decided not to resume services on May 31. When to resume services at Concordia has yet to be determined.

Coffee and Cookie Servers

(when services resume)

June 7	Germaine Gress
June 14	Polly Hanson
June 21	Carolyn Edwards
June 28	Irene Olson
July 5	Kathy Krogstad
July 12	Linda Koester
July 19	Barb Grover
July 26	Becky Jegtvig



If you know of someone in the hospital or in need of a home visit, or if you'd just like to talk through your concerns about the pandemic, contact Pastor Bruce at 218-329-2245.



Father's Day June 21



from the
Moorhead Daily News
June 27, 1929
Page Eight
"SOCIAL NOTES"

Yesterday afternoon at the Trinity parsonage Rev. S. T. Sorenson read the marriage service for Jacob A. Holte and Ingeborg Kragnes, daughter of Mr. and Mrs. Gilbert Kragnes. The bride's brother, John C. Kragnes was best man and Miss Judith A. Holte, sister of the groom, was bridesmaid. In the evening a large reception and dance was held at the home of the bride near Kragnes. Albert Kragnes and Miss Ruth Netland, who were recently married, were also guests of honor at the reception and dance.

Memorial Day 2020

Although the annual Memorial Day Service was cancelled due to the virus, a small group did gather to perform a flag replacement ceremony.

New Congregational Officers



At the annual meeting in February, the following officers were elected:

President: Clinton Babolian
 Vice President: Jim Koester
 Secretary: Wescott Tommerdahl
 Treasurers: Ray and JoLyn Johnson
 Board Members: Orpha Hoelstad
 Germaine Gress

We appreciate their willingness to serve!



June Birthdays

June 5	Mavis Wang
June 16	Kathy Krogstad
June 25	Colleen Edwards
June 26	Walter Teigen



June Anniversaries

June 7	Ruth & Bill Farabee
June 22	Walter & Sylvia Teigen

Donations

Concordia General Fund

In Memory of Harold and Lucilla Anderson
Harold Anderson Family

We Need Your Support



With worship services and other activities suspended for over two months, your donation to the general fund of any

amount can help fill that gap. Donations to the cemetery fund and newsletter are always greatly appreciated as well.

If you wish, your donation can be made in honor or in memory of a loved one or event.

General Fund:

Make checks out to Concordia Lutheran Church and mail to:

Ray Johnson
7333 70 St N
Glyndon MN 56547

Concordia Newsletter

Make checks out to Concordia News and mail to:

Walter Teigen
915 4th Avenue South
Moorhead MN 56560

Concordia Cemetery Association:

Make checks out to the association and mail to:

Ray Johnson
7333 70 St N
Glyndon MN 56547

Thank You

We extend our heartfelt gratitude for the conscientious service of outgoing church officers

Gordon Kassenborg (president), Walter Teigen (vice-president), and Neil and Polly Hanson (treasurers).

Recipe of the Month

Baked Cod on the Grill



Ingredients

- 5 strips bacon, cooked
- ½ cup bread crumbs or seasoned croutons
- ½ small red onion
- 1 garlic clove or 1½ tsp garlic
- Zest of one lemon
- 8 TB butter
- 4 cod fillets

Directions

- Set grill for medium high heat
- Pulse bacon in food processor until well shredded. Add crumbs or croutons, onion and garlic and pulse until mixed.
- Place 1 TB of butter on piece of aluminum foil large enough to wrap cod fillet. Place fillet on butter, spoon on bacon mixture to cover. Sprinkle with lemon zest. Top with another TB of butter. Seal aluminum foil tightly. Repeat for each fillet.
- Cook on grill for approximately 15 minutes.

Thank You!

Thanks to Pastor Bruce and Kathy for making the rounds to bring us communion at our homes during the pandemic.

The effort they have made to allow us to participate in the congregation, even as regular worship and other activities have been suspended, means almost as much as being able to partake in the sacrament.

We are blessed to have you and we truly appreciate you!

At midnight in the month of June I stand beneath the mystic moon. ~Edgar Allen Poe

Father's Day Word Search



E	M	H	B	O	A	U	Y	M	B	X	W	A	B	L	C	T
B	S	L	S	N	B	X	L	D	Z	K	Q	U	I	W	L	U
G	T	E	L	C	N	U	A	A	W	M	C	P	Q	X	N	A
Q	S	F	K	P	B	O	G	D	M	F	G	R	M	K	G	M
T	A	J	N	P	R	K	G	D	O	J	O	O	H	X	V	O
N	S	P	H	H	A	D	D	Y	H	Z	L	V	P	C	O	E
E	F	D	W	X	V	T	M	S	C	D	F	I	G	X	F	B
R	H	R	F	U	E	C	N	E	A	X	A	D	L	A	G	T
A	E	I	T	K	C	E	N	V	E	C	T	E	I	D	R	Y
P	K	G	Y	A	N	T	I	O	T	N	H	U	K	A	A	I
L	N	J	W	A	Z	O	P	L	C	S	E	U	G	N	N	F
G	I	G	Z	B	W	R	U	Y	A	X	R	T	Y	J	D	I
W	N	N	G	P	E	P	O	L	G	N	I	L	J	B	P	N
Z	Q	O	Q	B	R	O	A	D	L	E	J	Q	W	T	A	I
B	S	R	P	Q	W	U	N	E	L	L	A	B	T	O	O	F
Q	V	T	K	C	E	N	R	E	S	P	E	C	T	O	B	N
X	T	S	V	C	A	H	U	J	V	Y	J	T	S	D	J	Z



DADDY
UNCLE
STRONG
GOLF
PROVIDE



FATHER
TEACH
BRAVE
FOOTBALL
PARENT



GRANDPA
RESPECT
NECKTIE
PROTECT
LOVE



womanofmanyroles.com

Coronavirus Disease 2019 (COVID-19)

About Cloth Face Coverings

COVID-19 spreads mainly from

A cloth face covering may not protect the wearer, but it may keep the wearer from spreading the virus to others.

person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Studies and evidence on infection control report that these droplets usually travel around 6 feet (about two arms lengths).

Wear Cloth Face Coverings

CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain, such as grocery stores, pharmacies, and gas stations.

- Cloth face coverings may slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others.
- Cloth face coverings can be made from household items.



Prevent Spread by Those Without Symptoms

While people who are sick or know that they have COVID-19 should isolate at home, COVID-19 can be spread by people who do not have symptoms and do not know that they are infected. That's why it's important for everyone to practice [social distancing](#) (staying at least 6 feet away from other people) and wear cloth face coverings in public settings. Cloth face coverings provide an extra layer to help prevent the respiratory droplets from traveling in the air and onto other people.

Who should wear

• People older than 2 years of age in public settings where other social distancing measures are difficult to maintain

Who should not wear

- Children under age 2
- Anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance

Coronavirus Disease 2019 (COVID-19)

How to Wear Cloth Face Coverings

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

- **Who should NOT use cloth face coverings:** children under age 2, or anyone who has trouble breathing, is unconscious, incapacitated or otherwise unable to remove the mask without assistance
- **Cloth face coverings are NOT surgical masks or N-95 respirators.** Surgical masks and N-95 respirators must be reserved for healthcare workers and other medical first responders, as recommended in CDC guidance.

Wear your Face Covering Correctly

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face
- Make sure you can breathe easily

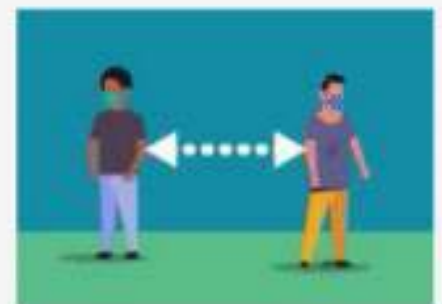


Use the Face Covering to Protect Others

- Wear a face covering to help protect others in case you're infected but don't have symptoms
- Keep the covering on your face the entire time you're in public
- Don't put the covering around your neck or up on your forehead
- Don't touch the face covering, and, if you do, wash your hands

Follow Everyday Health Habits

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available



Coronavirus Disease 2019 (COVID-19)

How to Wash Cloth Face Coverings

Cloth face coverings are an additional step to help slow the spread of COVID-19 when combined with every day preventive actions and social distancing in public settings.

Cloth face coverings should be washed after each use. It is important to always remove face coverings correctly and wash your hands after handling or touching a used face covering.

How to clean

Washing machine

- You can include your face covering with your regular laundry.
- Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering.



Washing by hand

- Prepare a bleach solution by mixing:
 - 5 tablespoons (1/3rd cup) household bleach per gallon of room temperature water or
 - 4 teaspoons household bleach per quart of room temperature water
- Check the label to see if your bleach is intended for disinfection. Some bleach products, such as those designed for safe use on colored clothing, may not be suitable for disinfection. Ensure the bleach product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser.
- Soak the face covering in the bleach solution for 5 minutes.
- Rinse thoroughly with cool or room temperature water.



Make sure to completely dry cloth face covering after washing.

How to dry

Dryer

- Use the highest heat setting and leave in the dryer until completely dry.



Air dry

- Lay flat and allow to completely dry. If possible, place the cloth face covering in direct sunlight.

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Because of COVID-19, this issue of Concordia News is only being distributed digitally. Regular mail delivery will resume after this crisis has passed.



June 2020

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Concordia News

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**To submit articles, recipes, announcements,
etc.**

Email: news@concordianews.org

Mail: Alene Sladky
6938 State Highway 200 NW
Laporte, Minnesota 56461

Submission deadline is the 20th of the month

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